Our experience with the True North summer camp

I'm writing this blog post in bed on a Friday night after the first week of Thomas's summer camp is over. I confess to you that this change - leaving the daycare and starting activities outside of his familiar circle - was very stressful for me. But surprisingly it was not for him. He LOVED the experience with his first summer camp and came back home every day happy and tired, always sleeping 6:30 pm (super early for a child who usually sleeps at 8:30 pm). I'm here thinking about how Thomas is special, communicative, happy and friendly, and how True North's summer camp was an incredible experience for him. And that's why I decided to write this post now, to tell you all about this experience.

As I told you in this post here I took into consideration 5 points to enrol Thomas in the summer camp of True North: 1) The activity of the camp is related to what he likes; 2) He would learn new things that I consider important for him; 3) The place is near my house or has easy access; 4) The price is right; and 5) The principles of the place are in accordance with my principles. We could not have had a more fun and special week. Thomas was happy and came back home asking if he would have summer camp the next day. And today, last day, he told me that he will miss coaches and friends. This shows me that the experience was really good and that my son took advantage of everything provided.

Now I'm going to tell you a little bit about everything that went down in the 4 days Thomas was in True North's summer camp (it was 4 days because Monday was Canada Day - holiday). The first day we got there and there was a tent with the coaches. Thomas got a T-shirt and we were very well received. There was a panel with the sports he would practice that day. It is worth mentioning here that we chose Multi-Sports, which is a camp where the child is exposed to a wide variety of sports and activities in order to develop movement and sport skills, with an emphasis on fun, fair play and teamwork.

I really enjoyed that we had a 30 minute period to leave and get our kids. Not all camps have this flexibility but those at True North have it and it's great (whoever drives in Toronto knows the chaos that traffic can be). The parking lot was great and always had a vacancy - this made it a lot easier because I was with Ian and did not even have to use the stroller.

Returning to the experience, Thomas came back happy and telling me that he had eaten all lunch and snacks. Talking about that to the people working on the camp they said they were impressed at how Thomas ate well and they always looked after kids during the lunch and snacks to make sure they were eating them right. I thought that was great and I was much more relieved.

Each day the children practiced different sports. In addition to sports there were other activities and on the last day we were asked to bring bathing suits for the children to have fun in the water (water play day). It was great because on this day it felt like 40C in Toronto and I'm sure it was a relief for them to cool off with water. In addition they also played games and other activities with the kids - and I know this because one day Thomas sang the song *We will rock you* from Queen and I discovered that they had made activities with this song.

A pause here to talk about my son Thomas and how proud I am of him this week. As I told you in the instagram stories we decided to take him out of daycare and have a different and transitional summer, since he will start Junior Kindergarten in September. I was apprehensive if I had made the right choice but after this intense and happy week we had I could not be more sure that we did rather the right choice. Thomas went to a place where he did not know anyone and he was able to enjoy himself, make friends and enjoy the overall experience. He had an intense and happy first week of vacation - and we'll still have another 7 weeks to be thoroughly enjoyed. It is a unique opportunity that I am having to be able to stay with my son and provide him with these super cool activities that will generate growth in him.

In summary, I'm amazed at True North's summer camp and how my son was treated. And I'm very happy that he still has one more week of activities with them - in August - and I can not wait

to have this experience again. It is worth mentioning that this post is sponsored but despite this it reflects my real opinion on the subject.

This post is written by gabynocanada.com